

Glyceryl Diesters

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Abstract

The Expert Panel for Cosmetic Ingredient Safety reviewed newly available studies since their original assessment in 2002, along with updated information regarding product types and concentrations of use, and confirmed that these 17 glyceryl diesters are safe as cosmetic ingredients in the practices of use and concentration as described in this report.

Keywords

Safety, Cosmetics, Glyceryl Dilaurate, Glyceryl Diarachidate, Glyceryl Dibehenate, Glyceryl Dierucate, Glyceryl Dihydroxystearate, Glyceryl Diisopalmitate, Glyceryl Diisostearate, Glyceryl Dilinoleate, Glyceryl Dioleate, Glyceryl Diricinoleate, Glyceryl Dipalmitate, Glyceryl Dipalmitoleate, Glyceryl Distearate, Glyceryl Palmitate Lactate, Glyceryl Stearate Citrate, Glyceryl Stearate Lactate, Glyceryl Stearate Succinate

The Expert Panel for Cosmetic Ingredient Safety first issued a final report on the safety of glyceryl diesters in 2002, with an insufficient data conclusion.¹ Subsequently, the necessary data were received, and in 2007, the Expert Panel published an amended final report on the safety of the glyceryl diester ingredients (listed below).² The Expert Panel concluded that these ingredients are safe as cosmetic ingredients in the present practices of use and concentrations described in the safety assessment provided that the content of 1,2-diester is not high enough to induce epidermal hyperplasia. Glyceryl Dimyristate was originally a part of this group, but has since been reviewed with Myristic Acid ingredients, and is therefore not included in this rereview.

Glyceryl Dilaurate
Glyceryl Diarachidate
Glyceryl Dibehenate
Glyceryl Dierucate
Glyceryl Dihydroxystearate
Glyceryl Diisopalmitate
Glyceryl Diisostearate
Glyceryl Dilinoleate
Glyceryl Dioleate
Glyceryl Diricinoleate
Glyceryl Dipalmitate
Glyceryl Dipalmitoleate
Glyceryl Distearate
Glyceryl Palmitate Lactate

Glyceryl Stearate Citrate
Glyceryl Stearate Lactate
Glyceryl Stearate Succinate

Because it has been at least 15 years since the amended final report was published, in accordance with Cosmetic Ingredient Review Procedures, the Expert Panel determined whether the safety assessment should be reopened. At the September 2022 meeting, the Expert Panel considered updated (2022) information regarding product types and ingredient use frequencies as reported by the US Food and Drug Administration (FDA) Voluntary Cosmetic Registration Program (VCRP) database³ and the maximum use concentrations provided in response to the survey conducted by the Personal Care Products Council.⁴ Generally, there has been an increase in frequency of use since the last review in 2007. As of 2022, Glyceryl Distearate and Glyceryl Stearate Citrate were reported to be used in baby products, when there were no

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Table I. 2022 and Historical Frequency and Concentration of Use According to Duration and Exposure.

| | # of Uses | | | | Max Conc of Use (%) | | | |
|------------------------------|----------------------------------|----------------------------------|------------------------|-----------------------------------|---------------------------------|------------------------------------|-------------------|-----------------------------------|
| | Glyceryl Dibehenate | | Glyceryl Diisostearate | | Glyceryl Dilaurate | | Glyceryl Dioleate | |
| | 2022 ³ | 2002 ² | 2022 ⁴ | 1999 ² | 2022 ³ | 2002 ² | 2022 ⁴ | 1999 ² |
| Totals ^d | 32 | NR | 1 | NR | 139 | 97 | .54 | 18-43 |
| Duration of use | | | | | | | | |
| Leave-on | 32 | NR | 1 | NR | 138 | 97 | .54 | 18-43 |
| Rinse-off | NR | NR | NR | NR | 1 | NR | NR | NR |
| Diluted for (bath) use | NR | NR | NR | NR | NR | NR | NR | NR |
| Exposure type | | | | | | | | |
| Eye area | 8 | NR | NR | NR | NR | NR | NR | NR |
| Incidental ingestion | 1 | NR | NR | NR | 124 | 93 | .54 | 43 |
| Incidental inhalation-spray | 5 ^a ; 12 ^b | NR | 1 ^a | NR | 3 ^a ; 3 ^b | 1; 1 ^a ; 1 ^b | NR | 18 |
| Incidental inhalation-powder | 12 ^b | NR | NR | NR | 3 ^b | 1 ^b | NR | NR |
| Dermal contact | 26 | NR | 1 | NR | 15 | 3 | NR | 18 |
| Deodorant (underarm) | NR | NR | NR | NR | NR | NR | NR | NR |
| Hair – non-coloring | 1 | NR | NR | NR | NR | NR | NR | NR |
| Hair-coloring | NR | NR | NR | NR | NR | NR | NR | NR |
| Nail | 2 | NR | NR | NR | NR | 1 | NR | NR |
| Mucous membrane | 1 | NR | NR | NR | 124 | 93 | .54 | 43 |
| Baby products | NR | NR | NR | NR | NR | NR | NR | NR |
| Glyceryl Dipalmitate | | | | | | | | |
| Totals ^d | 27 | 35 | 1-4 | .02-5 | 10 | 1 | NR | .8-2 |
| Duration of use | | | | | | | | |
| Leave-on | 26 | 27 | 1-4 | 2-5 | 10 | 1 | NR | .8-2 |
| Rinse-off | 1 | 8 | NR | .02-5 | NR | NR | NR | NR |
| Diluted for (bath) use | NR | NR | NR | NR | NR | NR | NR | NR |
| Exposure type | | | | | | | | |
| Eye area | NR | NR | NR | 2 | 1 | NR | NR | NR |
| Incidental ingestion | NR | 1 | NR | NR | NR | NR | NR | NR |
| Incidental inhalation-spray | 22 ^a ; 4 ^b | 8 ^a ; 13 ^b | NR | 5 ^a ; 2-4 ^b | 5 ^a ; 1 ^b | NR | NR | 2 ^a ; 0.8 ^b |
| Incidental inhalation-powder | 4 ^b | 13 ^b | 1.5 ^c | 2-4 ^b | 1; 1 ^b | NR | NR | 0.8 ^b |
| Dermal contact | 27 | 34 | 1-4 | .02-5 | 10 | 1 | NR | .8-2 |
| Deodorant (underarm) | NR | NR | NR | NR | NR | NR | NR | NR |
| Hair – non-coloring | NR | NR | NR | NR | NR | NR | NR | NR |
| Hair-coloring | NR | NR | NR | NR | NR | NR | NR | NR |
| Nail | NR | NR | NR | NR | NR | NR | NR | NR |
| Mucous membrane | NR | 4 | NR | .02 | NR | NR | NR | NR |
| Baby products | NR | NR | NR | NR | NR | NR | NR | NR |
| Glyceryl Distearate | | | | | | | | |
| Totals ^d | NR | NR | 1.1 | NR | 16 | NR | .05-4.4 | .00003-7 |
| Duration of use | | | | | | | | |
| Leave-on | NR | NR | 1.1 | NR | 14 | NR | .05-4.4 | .00003-7 |
| Rinse-off | NR | NR | NR | NR | 2 | NR | .3-2.2 | .0003-6 |
| Diluted for (bath) use | NR | NR | NR | NR | NR | NR | NR | NR |

(continued)

Table I. (continued)

| | Glyceryl Dipalmitate | | | | Glyceryl Distearate | | | |
|------------------------------|--------------------------------------|-------------------|-------------------|-------------------|---------------------------------|-------------------|----------------------|---|
| | 2022 ³ | 2002 ² | 2022 ⁴ | 1999 ² | 2022 ³ | 2002 | 2022 ⁴ | 1999 ² |
| Totals ^d | NR | NR | 1.1 | NR | 16 | NR | .05-4.4 | .00003-7 |
| Exposure type | | | | | | | | |
| Eye area | NR | NR | NR | NR | 2 | NR | 2.3 | .003-0.5 |
| Incidental ingestion | NR | NR | NR | NR | 1 | NR | NR | 7 |
| Incidental inhalation-spray | NR | NR | NR | NR | 6 ^a ; 2 ^b | NR | 2.9 ^a | .00003-7 ^a ; .2-7 ^b |
| Incidental inhalation-powder | NR | NR | 1.1 ^c | NR | 2 ^b | NR | .22-4.4 ^b | .2-7 ^b |
| Dermal contact | NR | NR | 1.1 | NR | 12 | NR | .05-4.4 | .00003-7 |
| Deodorant (underarm) | NR | NR | NR | NR | NR | NR | NR | NR |
| Hair – non-coloring | NR | NR | NR | NR | 3 | NR | .3-.55 | 6 |
| Hair-coloring | NR | NR | NR | NR | NR | NR | NR | NR |
| Nail | NR | NR | NR | NR | NR | NR | NR | .02 |
| Mucous membrane | NR | NR | NR | NR | 1 | NR | NR | 7 |
| Baby products | NR | NR | NR | NR | NR | NR | .55-1.1 | NR |
| | | | | | | | | |
| | Glyceryl Stearate Citrate | | | | Glyceryl Stearate Lactate | | | |
| | 2022 ³ | 2002 ² | 2022 ⁴ | 1999 ² | 2022 ³ | 2002 ² | 2022 ⁴ | 1999 ² |
| Totals ^d | 164 | NR | .5-4 | NR | NR | NR | NR | 5 |
| Duration of use | | | | | | | | |
| Leave-on | 142 | NR | .5-4 | NR | NR | NR | NR | 5 |
| Rinse-off | 21 | NR | NR | NR | NR | NR | NR | NR |
| Diluted for (bath) use | 1 | NR | NR | NR | NR | NR | NR | NR |
| Exposure type | | | | | | | | |
| Eye area | 6 | NR | 1.2 | NR | NR | NR | NR | NR |
| Incidental ingestion | 1 | NR | NR | NR | NR | NR | NR | NR |
| Incidental inhalation-spray | 1; 53 ^a ; 61 ^b | NR | NR | NR | NR | NR | NR | 5 ^a ; 5 ^b |
| Incidental inhalation-powder | 61 ^b ; 4 ^c | NR | .5-2 ^c | NR | NR | NR | NR | 5 ^b |
| Dermal contact | 157 | NR | .5-4 | NR | NR | NR | NR | 5 |
| Deodorant (underarm) | 4 ^a | NR | NR | NR | NR | NR | NR | 5 ^a |
| Hair – non-coloring | 6 | NR | NR | NR | NR | NR | NR | NR |
| Hair-coloring | NR | NR | NR | NR | NR | NR | NR | NR |
| Nail | NR | NR | NR | NR | NR | NR | NR | NR |
| Mucous membrane | 6 | NR | NR | NR | NR | NR | NR | NR |
| Baby products | 5 | NR | 2 | NR | NR | NR | NR | NR |
| | | | | | | | | |
| | Glyceryl Stearate Succinate | | | | | | | |
| | 2022 ³ | 2002 ² | 2022 ⁴ | 1999 ² | | | | |
| Totals ^d | 1 | NR | NR | NR | | | | |
| Duration of use | | | | | | | | |
| Leave-on | 1 | NR | NR | NR | | | | |
| Rinse-off | NR | NR | NR | NR | | | | |
| Diluted for (bath) use | NR | NR | NR | NR | | | | |
| Exposure type | | | | | | | | |
| Eye area | NR | NR | NR | NR | | | | |
| Incidental ingestion | NR | NR | NR | NR | | | | |
| Incidental inhalation-spray | NR | NR | NR | NR | | | | |
| Incidental inhalation-powder | NR | NR | NR | NR | | | | |
| Dermal contact | 1 | NR | NR | NR | | | | |

(continued)

Table 1. (continued)

| | Glyceryl Stearate Succinate | | | |
|----------------------|-----------------------------|-------------------|-------------------|-------------------|
| | 2022 ³ | 2002 ² | 2022 ⁴ | 1999 ² |
| Totals ^d | I | NR | NR | NR |
| Deodorant (underarm) | NR | NR | NR | NR |
| Hair – non-coloring | NR | NR | NR | NR |
| Hair-coloring | NR | NR | NR | NR |
| Nail | NR | NR | NR | NR |
| Mucous membrane | NR | NR | NR | NR |
| Baby products | NR | NR | NR | NR |

^aIt is possible these products are sprays, but it is not specified whether the reported uses are sprays.

^bNot specified whether a spray or a powder, but it is possible the use can be as a spray or a powder; therefore, the information is captured in both categories.

^cIt is possible these products are powders, but it is not specified whether the reported uses are powders.

^dBecause each ingredient may be used in cosmetics with multiple exposure types, the sum of all exposure types may not equal the sum of total uses. NR, not reported.

Table 2. Ingredients Not Reported to Be in Use (2022).^{3,4}

| |
|----------------------------|
| Glyceryl Diarachidate |
| Glyceryl Dierucate |
| Glyceryl Dihydroxystearate |
| Glyceryl Diisopalmitate |
| Glyceryl Dilinoleate |
| Glyceryl Diricinoleate |
| Glyceryl Dipalmitoleate |
| Glyceryl Palmitate Lactate |

reported uses for glyceryl diesters in this product category previously. Glyceryl Stearate Citrate, which had no reported uses in the original report, is reported to have 164 uses, at a maximum concentration of use of 4% in non-spray moisturizing products, in 2022. Additionally, although the number of reported uses of Glyceryl Diisostearate in lipstick increased, the maximum reported concentrations of use for this product category significantly decreased, from 43% in 1999 to .54% in 2022. The cumulative frequency and concentration of use data are presented in Table 1. Ingredients with no reported use are listed in Table 2.

An extensive search of the world's literature was performed for studies dated 2002 forward, and new data were found.⁵⁻²⁷ The Expert Panel considered new chronic toxicity,^{14,18} developmental and reproductive toxicity,¹⁹⁻²¹ and carcinogenicity/tumor promotion studies.²²⁻²⁵ In addition to these studies having negative results, the FDA-approved use of Glyceryl Dibehenate and Glyceryl Distearate as inactive ingredients in oral capsule formulations,²⁶ as well as the approved use of diacylglycerol oil and diglycerides as food additives, reassured the Expert Panel of safety.²⁷

The Expert Panel reviewed 2022 frequency and concentration of use data, in addition to any new, available, relevant

safety data, and reaffirmed the 2007 conclusion regarding the safety of glyceryl diesters in cosmetics.

Author's Note

Unpublished sources cited in this report are available from the Director, Cosmetic Ingredient Review, 1620 L Street, NW, Suite 1200, Washington, DC 20036, USA.

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